Antoine LECOUTEUX





Degrees :				
Jun 2016	Contemporary Dance Teacher Degree (DE)	Toulouse (FR-31)		
Jun 2009	Degree of Choreographic Studies in Jazz Dance Certification of Choreographic Studies in Ballet	Rouen (FR-76)		
Jun 2005	High School Diploma (spéciality Sciences)	Forges (FR-76)		
Education :				
2015-2016	Education to the pedagogy unit in Choreographic Center J.Carlès	Toulouse (FR-31)		
Jul/Aou.2015	«Gaga Intensive Summer Course» with Batsheva & O.Nahrin	Tel Aviv (Israël)		
Jul/Aou.2013	«Gaga Intensive Summer Course» with Batsheva & O.Nahrin	Tel Aviv (Israël)		
2009-2011	Professional education «Dancer/Performer» in Choreographic Center J.Car- lès in Jazz & Contemporary Dance	Toulouse (FR-31)		
2006-2009	Student in National Conservatory in Ballet and Contemporary Dance	Rouen (FR-76)		
2005-2006	Sports University (STAPS) First year	Mt St Aignan (FR-76)		

Professional Career as Dance Teacher :

since 2015	Contemporary Dance Teacher in Choreographic Center J.Carlès	Toulouse (FR-31)	
since 2017	Choreographer (Transmission/Creation) INSA Dance-Studies	Toulouse (FR-31)	
2018-2019	Contemporary Dance Teacher in National Coservatory of Toulouse	Toulouse (FR-31)	
since 2014	Assistant/Interpreter for workshop of «Gaga Movement Language»	Toulouse (FR-31)	
2015-2016	Contemporary Dance Teacher in C.Massoutié Dance School	St Orens (FR-31)	
2011-2015	Choreographic Intervenant for Cie J.Carlès events	France	
PROFESSIONAL CAREER AS DANCER/PERFORMER:			
Since 2018	Contemporary Dancer in the company «R.V» - Choreographer R.Viaud	Toulouse (FR-31)	
Since 2015	Cabaret Dancer in the «Moulin des Roches» - Choreographer R.Viaud	St Orens (FR-31)	
Since 2015	Event Dancer forr Nouvelam Productions - Choreographer R.Viaud	Toulouse (FR-31)	
Oct/Nov 2018	${\bf Dancer}$ in «La Rondine» stage manager N.Joel choreographer K.Dubuisson for the ${\bf Opéra}\ {\bf du}\ {\bf Capitole}$	Toulouse (FR-31)	
Aou 2015	trainee in Inbal Theater for Barak marshall	Tel Aviv (Israël)	
2014-2016	Dancer in the company «Hors-Sol» - Choreographer M.E.Wachter	Toulouse (FR-31)	
since 2011	Dancer in the company «J.Carlès»	Toulouse (FR-31)	
Mai/Jun 2014	Dancer in «Daphné» stage manager P.Kimounth and choreography F.Melo for Opéra du Capitole	Toulouse (FR-31)	
Avr/Mai 2013	Dancer in «Poppea e Nerone» stage manager K.Warlikowski and choreogra- phy C.Bardouil for Opéra de Montpellier	Montpellier (FR-34)	

Pedagogy:

Through much practice and thought, I'm looking into how to link between my «traditional» training in France and my experience of the «Gaga language movement» promoted and driven by Ohad Nahrin, with whom I had the pleasure of working and conversing several times during workshops and trips to Israel. How to create a relationship to the body and movement that would use both the notions of construction and body-structure dance classes taught in France, with the search for sensations, pleasure and consciousness of movement that is developed in the «Gaga»?

My educational objective is to use these notions in my class. To connect the students to the technical work on the one hand, but also with the work of interpretation, which is, in my opinion, inseparable from the technical side. To develop a body through dance is done with both the purely physical and structural (socalled) technique, but also with the integration of the imagination and sensation called interpretation.

I try to immerse my students in the sensory imagination. I structure the dance around three main axes: -The power of the imagination; The images given to the dancer and what he does with his body, his dance, his groove...

-The passion to move: Reconnect the dance to the pleasure that it gives the dancer, the game between the dancer and his body, the space, his own limits that he is constantly overcoming... -The skills you bring: Each person has his own body baggage that enriches the dance.

A course is a permanent exchange between each of the participants. It is with the help of these notions that the student dancer can go with the direction of movement himself, understand it and play with it.

However, it is the role of the teacher to guide explorations, to reconnect them to the movement and technique of dance. Adapt and associate sensations with shapes and movements. Help the student to understand and interpret, in his own body, the fundamentals of the technique, before linking them to the more academic forms of it.

Hence the interest of creating a space for improvisation and experimentation within the dance class. This is the educational path I chose to promote as a teacher of dance. A permanent search in which I am and I enjoy sharing.

Courses - «Master Class» - Regular Training :

Contemporary: Ohad Nahrin - Barak Marshall - Shahar Binyamini - Yaniv Abraham - Guy Shomroni - Boesmat Nossan - Noa Zuk - Wim Vandekeybus - Pierre Rigal - Herve Robb - Sylvain Groud - Héla Fatoumi - Eric Lamoureux - Bri-gitte Hyon - Troy Powell - Rick Odums - Patricia Alzetta - Nicole Guitton - Vandetta Mathéa - Geraldine Armstrong - Bruno Vandelli - Alain Grutadauria - Wayne Barbast - James Carlès - Marie Elisabeth Wachter ...

Ballet:

Minh Pham - Claude Ariel - Wayne Byars - Rudy Bryans - Laure Muret - Valerio Manginati - Sylvie Albinhac -Magali Guerry - Dominique Guillemassé ...

Pictures :



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